



## **MONTANA STATE HOSPITAL POLICY AND PROCEDURE**

### **FOOD-DRUG INTERACTIONS**

**Effective Date:** May 20, 2002

**Policy #:** DS-02

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- I. PURPOSE:** To inform patients of food-drug interactions requiring dietary modifications.
- II. POLICY:** Montana State Hospital dietitian, in cooperation with the pharmacy, will counsel patients concerning dietary modifications due to their drug therapy.
- III. DEFINITIONS:** None
- IV. RESPONSIBILITIES:**
  - A. The pharmacy will notify the physician of patients requiring food-drug interaction education.
  - B. The physician will modify orders as clinically indicated.
  - C. The dietitian will provide food-drug interaction education and documentation upon request.
- V. PROCEDURE:**
  - A. Food-Drug Interactions
    - 1. Medications which may trigger nutritional counseling include:

<b>Coumadin</b>	<b>Isonaizid</b>
<b>Iron Supplements</b>	<b>Lithium</b>
<b>MAO Inhibitors</b>	<b>Potassium-Losing Diuretics</b>
<b>Tetracycline</b>	
    - 2. Nutritional counseling for other medications causing possible food-drug interactions will be conducted upon request.
  - B. Initiation of Food-Drug Interaction Form.
    - 1. Pharmacy will fill out the following on the Food-Drug Interaction form:
      - a. Patient
      - b. Unit
      - c. Date
      - d. Pharmacist
      - e. Drug

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Medical Director